

My Heart Goes Boom

By: Charmed Time: 3:00
 Record: Eurovision Song Contest Stockholm 2000,
 CD: BMG 74321 75524 2 Level: Intermediate
 Choreo: Doris Stern, Belfaster Str. 31, 13349 Berlin, Tel.: 030/451 90 24,
 taught on Five-Star-Festival Hamburg 2001
 Sequence: **A B C D Break B C D E D Ending**
 Intro: Wait **8** beats

Part A:

Arms On beat 1 bring your arms up, bring arms down in 7 beats and shake hands and fingers during this time.

Simone Hard Step DT(b) SL BR UP/SL TCH(xif) SL TCH(xif) SL TCH(ots) SL
 L R L L R L R L R L R
 & 1 & 2 & 3 & 4 & 5

 TCH(xif) SL DS RS
 L R L RL
 & 6 &7 &8

Repeat opposite footwork.

Part B:

Utah DS BR UP/SL DS(xif) RS RS BR UP/SL DS RS
 L R R L R LR LR L L R L RL
 &1 & 2 &3 &4 &5 & 6 &7 &8

$\frac{1}{2}$ Arms down $\frac{1}{2}$ $\frac{1}{2}$ Arms up $\frac{1}{2}$ $\frac{1}{2}$ Arms down $\frac{1}{2}$
 3 Rock Outs DS R(ots) S R(xif) S R(ots) S
 R L R L R L R
 &1 & 2 & 3 & 4

$\frac{1}{4}$ urn $\frac{1}{2}$ L $\frac{1}{2}$
 Fancy Double DS DS RS RS
 L R LR LR
 &1 &2 &3 &4

Repeat Part B as written to face front again.

Part C:

Conveyor Steps SL S(xib) SL S(xib) SL S(xib) SL S(xib)
 R L L R R L L R
 & 1 & 2 & 3 & 4
 Snap fingers on each Slide.

Karate Turn DS KK (turn $\frac{1}{2}$ L) SL DS KK UP/SL
 L R L R L L R
 &1 & 2 &3 & 4

High Horse DS DT(xif) SL DT(ux) SL RS BA/HL UP/SL DS DS RS
 L R L R L RL R L L R L R LR
 &1 & 2 & 3 &4 & 5 &6 &7 &8

Repeat Conveyor Steps and Karate Turn to face front again and add:

Mod. Scotty & DS DT(xif) SL DT(ux) SL TCH STO Shake Shake Shake Pause
 Shake Hips L R L R L R R L R L
 &1 & 2 & 3 & 4 5 & 6 7,8

Part D:

Stamp & Basic	STA	Pause	DS	RS				
	L		L	RS				
	1	2	&3	&4				
Joey	DS	BA(xib)	BA(ots)	BA(ots)	BA(xib)	BA(ots)	ST	
	R	L	R	L	R	L	R	
	&1	&	2	&	3	&	4	
Cole Step	DS	SL	RS	SL	ST	SL		
	L	L	RL	L	R	R		
	&1	&	2&	3	&	4		
Fancy Double	$\frac{1}{2}$ -----move back----- $\frac{1}{2}$							
	DS	DS	RS	RS				
	L	R	LR	LR				
	&1	&2	&3	&4				

Repeat Part D as written.**Break:**

Arms Raise arms in 4 beats, bring arms down in 4 beats while shaking hands and fingers like in Part A.

Part E:

3 Samanthas	$\frac{1}{2}$ -----turn $\frac{3}{4}$ R----- $\frac{1}{2}$									
	DS	DS(xif)	DR	ST	DR	ST	RS	DS	DS	RS
	L	R	R	L	L	R	LR	L	R	LR
	&1	&2	&	3	&	4	&5	&6	&7	&8
2 Brush Up	$\frac{1}{2}$ -----turn 1/8 L----- $\frac{1}{2}$					$\frac{1}{2}$ -----turn 1/8 L----- $\frac{1}{2}$				
	DS	BR	UP/HL	DS	BR	UP/HL				
	L	R	R L	R	L	L R				
	&1	&	2	&3	&	4				
Shake Hips	Shake	Shake	Shake	Pause	Shake	Shake	Shake	Pause		
	L	R	L		R	L	R			
	1	&	2	3,4	5	&	6	7,8		

Ending:

2 Hard Step	DT(b)	SL	BR	UP/SL	DS	RS	DT(b)	SL	BR	UP/SL	DS	RS
	L	R	L	L R	L	RL	R	L	R	R L	R	LR
	&	1	&	2	&3	&4	&	5	&	6	&7	&8
Mountain Goat	DS	BA(xif)	BA(xib)	BA(ots)	BA(xif)	BA/HL	UP/SL					
	L	R	L	R	L	R L	L R					
	&1	&	2	&	3	&	4					
4 Stomp	STO	STO	STO	STO								
	L	R	L	R								
	1	2	3	4								
	On the 4 Stomp make fists and move your arms:											
	Right fist to left shoulder				Left fist to right shoulder				Left arm up		Right arm up	
	1				2				3		4	

Sequence: **A B C D Break B C D E D Ending**